PARENTS OF MURDERED CHILDREN

FOR THE FAMILIES AND FRIENDS OF THOSE WHO HAVE DIED BY VIOLENCE

GREATER ORANGE COUNTY CHAPTER OF POMC

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Message Phone: (714) 999-7132 Website: www.gocpomc.org

Homicide Victim Services Supervisor Melissa Melgar Email: mmelgar@waymakersoc.org

POMC®

National Headquarters 635 West 7th St. Suite 104 Cincinnati, OH 45203 Toll Free: (888) 818-POMC Website: www.pomc.org

MISSION STATEMENT

POMC® makes the difference through on-going emotional support, education, prevention, advocacy, and awareness.

VISION STATEMENT

To provide support and assistance to all survivors of homicide victims while working to create a world free of murder.

MEMBERSHIP

Membership is open to those who have been cruelly bereaved by the murder of a loved one. Professionals who are in frequent contact with grieving families are also welcome to join.

December=]oy

December is a month full of joy, peace, love and thankfulness. The truth is that December does not always bring joy, peace, love and thankfulness to all, for some it brings stress, anxiety, hurt, and a feeling of sadness. The truth is it is ok to feel this way. We are human and have had the unthinkable happen to us. However, through this season remember there was a time it brought you all those warm and fuzzy feelings, try and remember those feeling and put a smile on your loving face. You do deserve to smile.

"The reality is that you will grieve forever. You will not 'get over' the loss of a loved one; you will learn to live with it. You will head and you will rebuild yourself around the loss you have suffered. You will be whole again, but you will never be the same. Nor should you be the same nor would you want to."

-Elisabeth Kubler-Ross



2021

Always in Our Hearts Happy Heavenly Birthday!

Jennifer Leanne Balber Traci "Rene" Conrad Lisa Ann Tuson Robbin Dana Brandley Mickey Thompson Michael Tapia Cheree Osmanhodzic Troy Allen Gorena Daniel S. Hernandez David Franklin Dyer Margues Murray Devin Luna Kylee Caitlin McGowen Sammantha A. Salas Lena Marie Forbes Kenneth N. Gullon Tina Regina Williams Rick Macias Lisa Anne Frost Jonathan Muse Robin Hoynes Jacob Eric Jackson Travis Williams Dominic T. Redd Lori Hughes Dax Xenos Gonzalez Ronson Joseph Edgerly Alan W. Doyle Joe Jesse Alvarez Courtenay Hoag Jose Malacava Adrain Ramos Thomas Zachary McGaha Jose Anthony Malacara Adrian Ramos Serik M Nieto





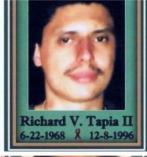


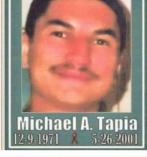
Forever Remembered Angelversaries

Dean E. Burks Esteban Delgado

Devin Luna William Pascoe Michele Renae Kriezel Travis Williams Denaya M. Shanks Ty Arron Stout Richard (Richie) Tapia II John Gottlieb Ruby III Michael E. Benge Kelly Sue Bunting Daniel J. Desrosiers Steven Kiley Escalera Mika C. Bissett George Ralph Eden Jr. Angela "Angel" Zingarelli Jean Richards Lori McInroy Curler Jason Robinson **Dylan James Austin** Barry Clark Cope Lisa Marie Weaver Andy Bushard **Emilia** Casas Nicolas Casas Jerome Ludt Linda Kay Hesse Paul A. Chiriboga **Christine Lauren Bennett** Joy Lynn Winchester Judah Ann Seelke James McGillivary Cindy Hardy Willaim Pascoe Paulus Smit Caesar Cruz







Every effort is made to honor all our loved ones on Special dates. They are listed alphabetically and dates are not included in order to protect personal privacy. If you do not see your loved one's name or photo please contact us @ (714)402-3171 email <u>gocpomc@yahoo.com</u>.Please help us be accurate on these lists.

December Announcements and Information

In Person Support Meetings

Because some of our Chapters are starting in-person support group meetings and want to enforce proof of vaccination to attend we checked with National POMC's attorney. This is her response; "Although the issue of medical and religious exemptions is evolving, at this point I think the support groups can enforce vaccine mandates for in-person meetings." This is assuming there are no applicable state laws outlawing vaccine mandates (like Florida). Check with your Chapter to see if virtual support will also be offered.

December Potluck



The chapter will be providing the food this year, but we are asking that you please bring your loved ones favorite dessert. If it is cookies or bread please have them individually pre wrapped. As we are complying with COVID guidelines.

For our potluck if you are able to donate a gift card or gift item for the raffle it would be greatly appreciated.

Board Members

Chapter Leader- Debra Dizon-Hernandez Email: Debraus22@gmail.com In memory of Jonathan

Secretary: Letty Gutierrez Email:lettygutierrez2017@gmail.com

In memory of Bryan Treasurer: John Maldonado Email: <u>maldoman28@gmail.com</u> In Memory of Matthew

Anita Lewis Email: alewismary@yahoo.com In memory of Mary and Lester Mary Bennet <u>Mebennet4@gmail.com</u> In memory of Cathy Martha Dewar <u>marthad@roadrunner.com</u> In memory of Sarah Glenda Faye Williams-Jenkins gsmommy@yahoo.com In memory of Quiana & Jan

MONTHLY SUPPORT MEETINGS

Wednesday December 8, 2021 at 6:30pm. Please come join us. This step in your journey will be one of the toughest. We are here to support you as you go - because we understand. POMC provides the on-going emotional support needed to help families and friends of those who have died by violence facilitate the reconstruction of a "new life" and to promote a healthy resolution. Not only does POMC help survivors deal with their acute grief but also helps with the criminal justice system. LOCATION: ZION LUTHERAN CHURCH (no affiliation) 222 N. East Street Anaheim, CA 92805

Yearly Voting

Please note we have board votes coming up in January. There is also an option to join the board. More information to follow.

Need to Talk

Each person is a board membe<mark>r and bilingual.</mark> Mary Bennet 714-264-2690- Please send text first. Martha Dewar 714- 306-9166 Letty Gutierrez 714-601-9699 Please be mindful of times as these lines go directly to the members above.

Support Greater Orange County

POMC Donations: When seeking a place to donate monetarily this year please consider a donation to Greater Orange County POMC. Help support GOCPOMC with your Amazon purchases: Amazon Supports GOCPOMC Go to: smile.amazon.com. Select: Greater Orange County Parents of Murdered Children Remember a portion of your purchase is donated to our chapter.

National Day of Remembrance

If your loved one's name was not on the National Day of Remembrance list that was on the website <u>www.pomc.org</u> send an email to <u>rpati@pomc.org</u> for Ratna to get their name on for next year. POMC only puts names on at the request of the family. We do not add names without the family's permission.

2022 POMC National Conference

Parents of Murdered Children National 36th Conference!!

This conference will be held in St. Louis Missouri July-21-24, 2022 at the Sheraton Westport Lakeside Chalet.

The room price is \$115.00 plus tax. There is a free shuttle from the airport to the hotel. When booking your flight, you fly into the St. Louis Airport (STL). POMC is still looking for anyone who would be interested in working the Hospitality Room at the conference, anyone who likes to sing, and for someone willing to video the conference at a more cost effective cost. If you know anyone or are capable of providing these services please contact Bev @ <u>bwarnock@pomc.org</u>.

National Office POMC Fundraiser

My name is Patty Walters and those of you that have been to the conferences in the last 28 years probably know who I am. I have been thinking of a way to raise money for the National Office of Parents Of Murdered Children for a few years now. I finally came up with doing a cookbook of recipes that our loved one(s) ask us to fix a lot. I am asking that all Chapter Leaders please announce it at your meetings, plus put it in your newsletter so it may reach everyone. I heard a cookbook has been done before, but it must have been before I became a member of this organization. I would like a recipe for each loved one(s) but we will not turn down multiple recipes in different categories. If we do come across multiple recipes only one will be printed but all name(s) who sent in the same recipe will also be acknowledged and their loved one(s) names. This project may take a few years to complete it. My goal is to be able to have them out in 2024 but no later than 2025. Please check your recipes and spelling first when you send them in, since it will help the process go quicker. I will be proofreading them at the end of the process. If I have any questions, I will need a phone number or email address included. Last thing, I do not know at this point how much the books will cost when it is completed, but know I plan to keep the price low. Other than what I mentioned is that all recipes have ingredients that most people already have handy in the kitchen are fairly easy and can be put together quickly like our loved one(s) asked us at the last minute or would wait for it the next day. All recipes must be sent in as soon as possible. I am setting the cut off date for the end of 2022. (Dec. 31st)

If your recipes can already be typed before mailed in, that would truly be appreciated. Otherwise, send them in by email so we can just print them out. This will also help make changes easier.

Start sending your recipes to:

Patty Walters 1209 Grand Ave. Leavenworth, KS 66048 913-704-7080 Or Email: sweetheaven93@sbcglobal.net

GOCPOMC- Location

GOCPOMC will be removing our meeting location due to the recommendations from national. Please see below:

For the safety of our members, National is recommending to remove meeting locations from Chapter websites and newsletters that are shared on websites. It is possible it may become a policy at the April National Board meeting. The meeting location may also be removed from the CP/CL directory pages that are sent out to survivors and will be replaced with words "Contact Chapter Leader/Co-Leader for meeting information."

